ead Our World with Happiness

Georgia District Governor's Bulletin

Volume 95 -- Number 3 September 2015

GOVERNOR

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2015-2016 DEC

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ICIDITIESS⁷⁷ is Finding Ways to be H.A.P.P.Y....

Remember the Summer 2013 PILOT LOG? That is where I first read about the Pilot A,B,C's and saw all the wonderful eye-catching logos for Brain Fitness Campaigns in which Pilots and Anchors were encouraged to participate. I hate that I missed that P I convention and realize that it must have been so exciting to see this campaign rolled out. It is particularly exciting to see how Pilots everywhere are promoting the ABC's at home in individual clubs. Across Georgia ,more and more clubs are getting on board with the "A" Anchor focus. Why? Because of the importance of teaching young people to develop the qualities possessed by our fine Anchors. A-Altruism; N-Noble Purpose; C-Citizenship; H-Honor; O-Open Mindedness; R-Responsibility. Good luck to the clubs that are working on starting an Anchor Club this year.

"B" for Brain Safety and Fitness. We emphasize brain safety education with our BrainMinders™ programs for children and adults. Of particular interest is the part about brain fitness being more than just physical exercise and mentally challenging activity. And I quote..."Through its 'Think H.A.P.P.Y. Be H.A.P.P.Y! Be Brain Fit.' awareness campaign, Pilot International promotes positive thinking, healthy lifestyle changes and opportunities for community service for people of all ages, not just for physical fitness but for mental fitness as well.....As part of promoting a healthy lifestyle through positive attitudes and remaining involved...the campaign can also serve as a recruitment tool"



How about a "Be H.A.P.P.Y. - Join Pilot" campaign in your club. Promote the ideas that studies show that people who have found a purpose and remain involved and stay actively engaged in society - such as participating in clubs and performing community service - also have had a strong positive impact on prolonged brain activity.

"C" stands for Caring. We Pilots are super good at this. It's a "No Brainer" that caring is sort of our reason for being. Just reading about all the fantastic caring services you do in your communities is a testimony to that. This year we continue to promote "PickMeUps" with opportunities to get a grant from PI.

So Pilots, I challenge you to put your brain in gear and think positive thoughts about every situation. The cliche' take those lemons that life throws at you and make some lemonade is one of the best sayings I know. Show your world what a wonderful time you are having and how happy you are being Pilots as you Spread Our World with HAPPINESS!



Grace

Grace Crittenden GA District Governor



ealthy Lifestyle
Being physically fit means being mentally fit throughout all stages of life. Itruistic Behavior The more you give, the more you get. Service over self, always.

Durpose Find your purpose in life - big or small - and follow it! Dositive Attitude

Maintain a happy and healthy frame of mind. Smile more!

Surround yourself with youth, and you will remain young!

Our Vision: Pilot International envisions a world where all are valued.



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September 1

Budget & Standing Rules due Make your Club donations to "Stop Hunger Now"

October 2-3

Fall Council Doubletree by Hilton Atlanta-Marietta

January 6, 2016

Newsletter Competition due to your Region Lt. Governor

February 3, 2016

District Officer Nomination Form Due to Doretta Broughton, District Nominating Chair

February 26 - 28, 2016

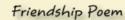
Anchor Convention Lake Lanier Islands

February 16, 2016

District Awards due to Gail Sharber, Awards Chair

Our Mission: Pilot International transforms communities by developing youth, providing service and education, and uplifting families.

iness^{??} is Being inspired....



Oh what joy it is to have friends like you For giving me strength the way you do

For lifting me up when I'm feeling down And putting a smile on my face when I'm wearing a frown

Thanks for being there and helping me grow Your friendship means a lot this I'd like you to know

(c) Mary E. Carpio

Joan McCannon

Toan



Pilots: Please remember to send the Chaplain's form to District Chaplain Joan McCannon for any family or Pilot deaths.

Joan's info is:

2022 Merle Dr. Convers, GA 30013 imcc47@icloud.com

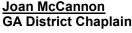
Copies go to Governor Grace & your Region Lt. Governor



In Loving Remembrance! The Georgia District extends our deepest sympathies to those who have lost loved ones.

<u>Pilot</u>	CLUB NAME
Margaret Johnston	Classic City
(1981-1982 GA District	
Governor)	

<u> PILOT</u>	CLUB NAME	RELATIONSHIP
Vonnie Brown	Lavonia	Brother
Susan Harbin	Lavonia	Uncle
Diane Goza	Cuthbert	Mother-n-law
Annelle Lowery	Dublin	Mother









GA District New Members.....

<u>PILOT</u>	CLUB NAME	<u>Sponsor</u>
Mallory Guyton	Eastman	Cierra Ciucevich
Linda Reece	Jones Co.	Janice Roberts
Christina Hall	Dublin	Lacey Baker
Beth Thornbury	Chatsworth	Ruth Ann Holcomb
Leslie Campillo	Cochran	Reinstated

Pilot Club of Jones Co. recognized Linda Coulter, Jones Co. HS Anchor Club Advisor and Pilot member for her service to Pilot.

Great Job! Linda

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"Happiness"

is Pilot Friendship and Service ...

I certainly enjoyed the Council of Leaders and PI Convention. We had great speakers, especially Jim Van Allan. As a spokesperson for the Jon Gordon Companies, he inspired us to get on the Energy Bus. If we are to spread our Pilot mission, we must show our enthusiasm for the work we do in our communities. Are you on the Georgia District Energy Bus? Are you excited about getting others to join your Club? Let's all join hands and work together to build on the services we provide to our communities.

My Happiness is being on the Energy Bus sharing Friendship and Service.

Pilotly,

Cynthia
Cynthia Spearman
GA District Governor-Elect
cvs0722@aol.com





Helen Winstead
September 14
Bernyce Stickle
September 12
Fran Hartley

September 21

Maureen Stoy September 10

SE Lt. Governor





Pilot Club of Marietta's Official Visit with NW Region Lt. Governor Katharine Banning

"Happiness"

is serving you as District Secretary ...

Being you secretary has allowed me to focus on what it means to assure that the meeting history of our District is accurately recorded. You, as club secretaries are responsible for this at the club level.

How many of you think that the minutes need to contain everything that happened in the meeting? I know I did. This is not the case. I would like to recap what is necessary to be reported:

- 1. A record of what is done not what is said.
- 2. Action items.
- Decisions you only need to record the name of who made the motion, and then you can just state that the motion was seconded, carried or denied.
- 4. If you summarize a discussion, be objective capture key points, not names.

These minutes must be filed and kept indefinitely.

Member change forms and other reports that are due to the District or PI should be completed in a timely manner.

I hope this may help in some small way and that you have fun this year and enjoy the ride.

Patsy

Patsy Stickel GA District Secretary stickel.pilot@gmail.com

5th Monday in month meeting, the Pilot Club of Toccoa and friends enjoyed a craft class learning to make burlap sunflower wreaths. Member, Tama Henson was the instructor for the class. Their 5th Monday meetings are when Pilot Club members meet to do social events together. Attending class are front row: Darlene Johnson, Claudia McCartney, Diane Estes and Debbie Kay. Back row: Martha Mitchell, Kathy Harvey, Ann Hunt, Joyce Dooley, Tammy Purcell, Cindy Mullin, Kathy Cabe, Shelby Holland and Betty Poole.

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The Pilot Clubs of Metropolitan Atlanta cordially invite you to attend the

31st Annual Georgia Artists with DisAbilities, Inc. **Awards Presentation and Luncheon**

Saturday, September 26, 2015

Meet the Artists Reception 9:30 a.m. First Floor Kilowatt Korner

Awards Presentation 11:00 a.m. Auditorium

Luncheon 12:30 p.m. Dining Room

All activities at Georgia Power 241 Ralph McGill Boulevard NE Atlanta, Georgia 30308





Pilot Club of Statesboro members celebrating their 50th Anniversary



Luncheon \$20.00 (in advance) No Charge for Artists Reservations Deadline: September 18, 2015

Awards Luncheon ticket(s) can also be purchased online using Paypal. www.georgiaartistswd.org. Choose Donation Tab for Online Ticket Purchase. \$21.00 each, includes \$1 processing fee per ticket.

Reservations Deadline: September 18, 2015

770-932-7170 Emily Jorgenson (emiljorg@bellsouth.net)

770-787-2582 Ann Brooks

......

Hoppiness" is belonging to something greater than ourselves --- Membership in a Pilot Club!...

As human beings, we have an inherent need to belong. We crave social inclusion and rely on it to maintain our own well-being. Research tells us that social rejection actually affects the same regions of the brain associated with physical pain! With that in mind, it's no surprise that we go to great lengths to avoid feeling left out and isolated. We want to be a part of something bigger.

Throughout our lives, we want to belong to social groups and find great importance in our roles as members. We devote so much of our identities to being members of our larger families, professionals within our particular career fields, believers of a religious following, and even fans of favorite sports teams. The group solidarity we feel from belonging to these larger groups gives us undeniable happiness and reassures us that we're not alone in our beliefs. passions, and ways of living.

In keeping with our need to belong, we Pilots have found each other-- a group of like-minded individuals passionate about brain health. We find pleasure in knowing that women and men throughout the world share our desire to learn more about how we can protect our brains and share that knowledge with others. Through our affiliations with Pilot, we have had the great fortune of

meeting one another, sharing knowledge and enthusiasm, and collaborating to do great things in our communities worldwide in order to further our mission of service. We should find great happiness in our Pilot friendships, but we should also be mindful that there are countless others with a fervor for service and a yearning to belong who have never heard about the mission and vision of Pilot.

I urge you to spend some time reflecting on the happiness you have gained from your membership in a local Pilot Club and by being part of something greater than yourself. Wouldn't we love to know that we inspired another person to feel that same happiness by sharing the Pilot passion with them?

Pass on the happiness!

Helen

Helen Winstead Membership Co-Coordinator Hwinstead100@gmail.com



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Remember....

Send your club's Stop Hunger money to Shelby by Sept. 1st

Shelby Holland GA District Treasurer 225 Crawford Circle Toccoa, GA 30577







A Message From Pilot Club of Marietta member Bernie McKeon

Thank you so much for all the cards, thoughts and prayers during this time with my family. I appreciate so much the love and friendship that comes from Pilots....

Bernie



sholland@windstream.net













ANNOUNCING- FALL COUNCIL MEAL PACKAGING EVENT CONTEST

HOW TO ENTER: Send in your club donations before September 1, 2015. Then bring as many club members as you can to Fall Council to take part in the meal packaging event. Club Members should wear your club shirt, apron, badge or any other item you use to identify your club at your local projects.

RECOGNITION: A certificate and prize ribbon will be awarded to the top two clubs in the following categories: (to be announced at lunch)

- 1. Club with the most participants
- 2. Highest percentage of club members participating
- 3. Club with the largest donation per member
- 4. Club with the largest donation



(This will be a great photo op for publicity about your club and Pilot. There will be a Press Release in your Fall Council packet for you to use.)





Pilot Club of Atlanta members Irene Neuman-Klosson, President Donna Drakes, Jacquie Foster & Louise Shimer welcome new member Doris Murphy

.......



"We will not waiver; we will not tire; We will not falter; and we will not fail. Peace and Freedom will prevail".... President George W. Bush September 11, 2001

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"is giving to a good PIFF cause!...

Since the Dimes to Dollars worked so well last year and was not a burden on any one person or club, we will do that again this year to raise money for the Pilot International Founder's Fund. Along with filling the bottles, we will have a Surprise to buy tickets on (like the doll last year) with winning tickets to be drawn at Fall Council. I think it will Make You Happy! Remember to bring \$\$\$\$ for tickets.

September is the time to vote for your Pilot Ambassador and send the \$35 to Pilot Headquarters so that the Pilot will be named in the Pilot Log. The title used to be "Pilot Sweetheart" but the powers that be decided to change it. We have so many male Pilots now up to and including presidents and even a governor, they thought Sweetheart was too feminine. (I know guys that like to be called Sweetheart!). I looked up the word "Ambassador" on Google and it means "An authorized messenger or representative". A copy of the Ambassador Contribution Form to be used to send to headquarters with the donation is attached to this bulletin. You can find the Certificate for the Founder's recipient and qualifications under Fund pilotinternational.org,

The revised forms for Grants and Scholarships are not on <u>pilotinternaional.org</u> just yet. I will let you know when they are ready and posted to the website. Keep in mind, the deadline for submission is March 1, 2016.

Please plan to attend Fall Council on October 2nd and 3rd. Governor Grace has a great program for us early Saturday morning - one you won't want to miss and one where ALL of our members are needed if it is to be a success.

Don't Worry! Be Happy...

Jo Farish PIFF Representative jo@farishrealty.com



Esther
Esther Foster





"Hoppiness" News from West Central

Hello Pilot Friends,

My name is Karen Rogers from the Pilot Club of Heard County. I am the newly minted Lt. Governor for the West Central Region. How new you say; try mid-July. With husband Denney, I headed out to Carrollton for the Georgia Artists with DisAbilities reception. The Carrollton club is our mother club; that means they chartered Heard County in 1986.

Many times you meet up with Pilots in places you don't expect to see them. I immediately recognized Governor Grace and Governor-Elect Cynthia. How nice that they were in attendance. Wonderful seeing Pilots supporting each other. Governor Grace said she needed to speak with me privately. Due to the present Lt. Governor's having to bow out for personal reasons, she asked me to become the Lt. Governor for the West Central Region. She asked me to think about it and give her an answer in a few days. Well here I am.

As Pilots we should always look at opportunities presented to us in a positive way; not be fast to say no. I guess that is how I got here; I plan to just do the best I can. Never expected to be a Lt. Governor again but Grace needed someone with experience to take on the responsibilities of the job.

So, let's all look at Governor Grace's year-- Be excited, be happy, be positive, say yes to Pilot opportunities.

Excited: Fall Council Project

This hits close to Heard County PC's biggest project: Provides 50 dozen eggs per month to the Ephesus Baptist Church food pantry. If people can't afford food, they can't afford clothing. Ephesus Baptist Church provides space for the Ephesus Neighborhood Closet. Pilot supports, provides most of the labor, great time for fellowship.

Happy: The end may be in sight. Restoring my husband's homeplace. 1921 farmhouse. Moving in prior to Fall Council.

Positive: Listen carefully; look at things from different perspectives. Be an upper, not a downer.

Yes to Pilot opportunities. Let's all lend our support for a fabulous Pilot Year.

Karen

Karen Rogers WC Lt. Governor karenprogers@aol.com

Pilot Club of Carrollton concession booth at the Don-Rich Ford Villa Rica Rodeo, August 21-22, 2015

Picture: Pilots Rosanne Godsey, Deborah Cogburn, Cassie Wright, Deborah Wilson, Margaret Perkins

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Our Georgia ECR....

Love..Play..Smile..Believe..Wish..Hope..Dream

All of these are wonderful words to describe what membership in Pilot International can encompass.

At the close of the 2015 Pilot International Convention and Leadership Conference, there was a sense of hope for a renewed spirit and love of Pilot. We had heard inspirational speakers tell us how their lives were transformed by the power of others. We learned (again) that it's better to give than to receive. Our members came together in the spirit of commitment to the organization. They believed in the power of what a committed group of volunteers can do.

This is a perfect time to re-visit the Pilot International Mission Statement. Do you know the three tenets of it? Consider having it read at the beginning of a meeting or having it printed on your agenda. Our mission statement is what binds all of our clubs and members together for a common cause. Pilot International transforms communities by: developing youth, providing service and education, and uplifting families.

Recently at the 2015 Pilot International Convention and Leadership Conference, we heard motivational stories from Jim Van Allen of the

Jon Gordon Group. Jon's messages help us see how we can add *Energy* and *Positivity* to our lives. This month we're bringing you ideas and tips on what *YOU* and your club can do to recruit and retain new members.

- 1. SHARE A POSITIVE ATTITUDE; SET A SHINING EXAMPLE (BE A GOOD ROLE MODEL!)
- 2. Praise and recognize the good of EVERY member.
- Develop a training plan to retain and mentor members Educate your new members about Pilot.
- 4. Don't forget to share news from Pilot International HQ and District to your current members
- Determine how best to retain your members, i.e. have monthly social events outside of your normal meetings, play cards once a month at a local establishment.
- 6. Promote the idea that "CHANGE IS NOT BAD"
- Develop a plan to recruit younger members Use social networks i.e. FACEBOOK, TWITTER, Instagram, etc.
- 8. COMMUNICATE COMMUNICATE COMMUNICATE
- 9. Live by the Pilot Code of Ethics
- 10. Above all have fun while volunteering. Laughter is contagious and smiles warm hearts.

Have a wonderful Pilot month!

In Pilot Friendship,

Karen

Karen Cupit PI Secretary & GA District ECR karen.cupit@att.net





"Leadership must be demonstrated, not announced." -- Fran Tarkenton, Legendary Georgia Bulldog

Excitement is building as SEC college football season begins this month! Fran Tarkenton's quote, "Leadership must be demonstrated, not announced," fits not only football teams, but Pilot teams, as well. Leadership can be demonstrated through dedication, commitment to club goals and projects, commitment to growth, and building our Pilot organization. The kind of leadership Tarkenton was talking about requires commitment and perseverance and **all** Pilots can be leaders.

Leadership can be about choosing one task to really work on in your club each week—it may be a phone call and email to a prospective member. Work on it weekly for a month and see what happens. It may be once a week nursing home visits to cheer a lonely resident or looking for community needs that your club can actively participate in. Leadership is also about making those contacts and locating the areas where Pilot smiles and hands are needed, then rallying the members to take part. Leaders make a schedule and see that things happen.

Leadership is taking part in Pilot at the club, district, and international levels, reading the information and training materials in our Governor's Bulletin, Pilot Log, and emails. As we actively take part in Pilot at all levels, our leadership will be demonstrated as examples for prospective Pilots, new Pilots, and long-standing Pilots. These examples are so important for our clubs. We need these "member leaders" who set the bar high and inspire each of us to reach up.

As SEC football season kicks off, I challenge each of you to gear up to kick off this Pilot year in your clubs and in the GA District by demonstrating leadership and being an example for others. Leadership is not just for officers but for all members. Be a leader in your club!

Good luck to all of the SEC football teams and good luck to our Pilot Club teams!

Judy Judy Jackson Leadership Coordinator jsjshes@att.net



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