



"Anchors Aweigh"

**2015 - 2016
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ANCHOR PRESIDENT

"The best way to find yourself is to lose yourself in the service of others."

—Mahatma Gandhi

Hi, I'm Erika Reddy, your 2015-2016 Georgia District Anchor President. I'm currently a senior at John Milledge Academy where I serve as President for my school's Anchor Club as well. Although, Anchor has consumed my life now, to be brutally honest, I joined Anchor Club because I was only looking for a way to impress colleges. However, my attitude began changing after giving countless hours of my time and energy for the well being of others and seeing the impact that it's made on people's lives. Never wanting to stop, I began volunteering more and more and eventually ended up in the Emergency Room. Well, not exactly. Through new found confidence, I made a bold decision to begin volunteering in the Emergency Room. Truth be told, my 16 year old self had an epiphany. I realized that I wanted to be a doctor and continue my passion for serving others. A conclusion that might have taken me years to come to without the help of Anchor Club. Anchor has not only given me joy but also a new purpose in life. This club has given me far more than I could ever give back. I sincerely hope that all of you give to Anchor and get back as much as I did. I'm looking forward to serving as President and hope to have a year full of fun, leadership and most importantly, service.

Please, please do not hesitate to email me at smreddy74@gmail.com if you would like to share how Anchor has impacted you, want ideas for service projects or anything else. I would love to get to know all of you and your Anchor Clubs! See you all at Convention.

Erika Reddy



ANCHOR CREED

Realizing that in unity there is strength, we, as members of the Anchor Club, are resolved:

To work together in friendship and loyalty; to render service to our home, school and community, knowing this course will take us over a sea of happiness; to steer our ship of life by the bright stars of Hope and Faith; to follow words of guidance from parents, teachers, and Pilot friends, for those, as gleams from the Lighthouse of Truth, are of wisdom, to set full sail through channels of achievement which lead us to the port of success; and, when our ship of life is tossed by the tempests of misunderstanding and the angry winds of injustice we will cast our Anchor of courage, wisdom, and trust to hold us fast.

Hey! I'm Cathleen Mellor-- your social butterfly, running freak, Pinterest fanatic, junior at Roswell High School, and also your 2015-2016 President Elect of the Georgia District Anchor Club. Aside from all those things and my other hobbies such as traveling, theater, and piano, what you need to know about me is that I am passionate about helping others and making a difference in our world. I'm so excited to be a part of the Georgia District Board this year and also to serve as Co-President at my school's club! We have collaborated to come up with some great ideas for the 2016 Convention and I couldn't be prouder of how far we have come already. I'm looking forward to see more and more creative progress in the planning stages and also to hearing about how you're making an impact in your local community. It's going to be a great year for Anchor in service and a great time at convention too!

See you in February,

Cathleen Mellor



ANCHOR PRESIDENT



Let's Meet Our New Anchor Board...



ANCHOR SECRETARY
ROSE SCOGGINS

Hi Anchors! I'm so excited to be on the Georgia District Anchor Board again! I am serving this time as your Secretary! My name is Rose Scoggins, and I am a senior at Franklin County High School. I'm looking forward to all the great things my senior year has to offer, and Anchor is one of them! At school, I serve as President of our Anchor Club. I've been an Anchor since my freshman year, and it has impacted my life for the better. While I am participating in Anchor Club, I am also editor of our school yearbook, and president of our French Club. Anchor is different than the other things I participate in, because it allows you to serve your community through service while having an awesome time with your friends. I'm very thankful for this club, and how it has taught me to Care More, Be More, and Do More through the years



ANCHOR CONVENTION CHAIR
ANAHIT MEHRANIAN

Hello everyone! I'm Anahit Mehranian and I am your 2015-2016 Convention Chair. This year I am a Junior at John Milledge Academy in Milledgeville, Georgia, and I have been a member of my school's Anchor Club for two years. Serving others has become a very important part of my life, and I enjoy participating in volunteer projects in the Milledgeville area through Beta Club, NHS, and Anchor Club; it is sincerely gratifying to know that you have made a positive impact on a community or an individual! The Anchor Board met in August and has a number of engaging and exciting events and activities planned for this upcoming year! I wish everyone success with their projects as well as a wonderful school year. I look forward to seeing you all at convention!



ANCHOR SE REGION CHAIR
AUSTIN BARROWS

Hi, I am Austin Barrows, senior at Dodge County High School and now the Southeast Region Chair for Anchor. Our school club is small, but active. We are constantly working on new projects to bring awareness and gain resources for volunteer organizations. Each year we try to increase our productivity and aim for larger goals to prove that we are strong and hardworking. Being an Anchor has taught me many things, but the most important I believe is that you will always have a friend in an Anchor.



ANCHOR SW REGION CHAIR
EMILEE POPPELL

Hello! My name is Emilee Poppell and I will be serving as Southwest Region Chair for the Georgia District Anchor this year. I am a Junior at Bainbridge High School and I will be serving as President- Elect for the 2015-2016 school term. I have been an active member of Anchor Club for two years. I am member of our school's danceline, swim on the swim team, and serve on the Bearcat Student Council. I am also the editor of the BHS yearbook, the *Purango*. In addition, I am an active member of my church youth group and church choir. I am so excited to serve on this year's state board and look forward to getting to know my fellow Anchors.





Let's Meet Our New Anchor Board...



ANCHOR NE REGION CHAIR
EMILY BULLOCK

Hi! My name is Emily Bullock, and I am your Northeast Region Chairperson for 2015-2016. I am a senior at Franklin County High School where I am a varsity football cheerleader, a member of various extracurricular activities, and have served as an officer for our Anchor Club for the past two years. I am very enthusiastic to be a part of the Anchor Board. I am hopeful and confident that this year will be the best yet for Georgia District Anchor!



ANCHOR EC REGION CHAIR
PRESLEY PERRY

Hi, my name is Presley Perry and I am your 2015-2016 East Central Region Chair. I am a Senior at West Laurens High School where I play in the band and on the tennis team. I am also the President of Anchor Club at my school and I am so excited for the upcoming year and all the projects we have planned. Anchor club is one of my favorite things because I love the people I get to work with and I love helping people in need. Community service holds a dear spot in my heart and caring for others in need is something that always brings me lots of joy. I am beyond lucky to hold positions at the local level and the state level to represent an organization so personal to me. I wish you all the very best this school year and I hope to see everyone at this year's upcoming Anchor Convention.



ANCHOR NW REGION CHAIR
MATTHEW JONES

Hello, My name is Matthew Jones and I am the Northwest Region Chair for Georgia District Anchor. I live in Roswell, GA and attend Roswell High School where I am the Vice President of the Anchor Club. Some of my hobbies include playing hockey and lacrosse (2015 State Champion!) and helping out around my school. Our club in Roswell participates in many community events; whether it be raising money for March of Dimes or helping out with Blessings in a Backpack, we try to stay fully involved. The club a Roswell is one of the best clubs that I am a part of because of the community of people that participate in the service projects and the friends that are made in the community. Ever since my sophomore year when I signed up for Anchor Club, I have had the best time with my friends. Some of my favorite memories of Anchor Clubs are the fashion show and baking hundreds of cookies with Ms. Merrey. I am looking forward to creating more memories with Anchor Club throughout my senior year!

"Anchors Aweigh"

The Georgia District Newsletter "Anchors Aweigh" is published 4 times a year in September, November, January and March.

We would like to spotlight your club in our next edition of "Anchors Aweigh." Please send us your news on special awards, projects, fund-raisers or other activities of your Anchor Club. Photos are also welcome.

Send articles to sherylmerrey@gmail.com and copy to kajorge@yahoo.com.

Please make copies and share "Anchors Aweigh" with your Anchor Club members. If lack of money for photocopying is a problem, print a few copies and pass around at your next meeting.





DISTRICT ANCHOR COORDINATOR

As we begin a new Anchor year I want to welcome seasoned members and all of our new recruits. Together we will follow Governor Grace Crittenden's lead, "Spreading Our World With Happiness" with your service projects and activities. Anchors have made such a difference in your schools and communities. Please share your news and photos with us throughout the year so you can inspire others!

Georgia District was well represented at Anchor Summit in Orlando by Anchor officers Erika Reddy and Anahit Mehranian from John Milledge Academy, and two Anchors from Sandersville; Jessica Boatwright and Mabri Jordan. The girls were excited to meet and work with Anchors from across our country and the world. This Global gathering included Anchors from Japan, the Bahamas, and our newest club in Pretoria, South Africa. Together, they worked on several service projects that will truly spread happiness with all those lives touched by their generous efforts. They collected and packed baby clothes for "Twice Loved", toiletries and treats for "Military Mamas" and books and school supplies for "Zambezi Schoolbook Project". Our GA District Zambezi Project was adopted by Pilot and Anchor International, and we shared photos and stories of your success with a Power Point presentation and speech by Judy Jackson. We also held a workshop for Pilots on how to organize a Book Drive for Zambezi. I challenge you to continue your good work and bring many books to Anchor Convention! There will be prizes awarded for the most books collected!

Your Anchor Board recently met at Pilot International Headquarters in Macon to make plans for the new year and Anchor Convention. Convention will be held at Legacy Lodge, Lake Lanier Islands, February 26 - 28, 2016. They discussed all the details that make a fun, informative and meaningful weekend. The theme this year is "Anchors Under the Stars", so be prepared to walk the Red Carpet and shine like the Anchor Stars that you are!

Gentle Reminders: Club officers and sponsors need to send a completed Officer Form to Megan Milton at Pilot International as soon as possible. Also please copy me on that list so my info is up



Erika Reddy (GA District President), Jessica Boatwright, Mabri Jordan, Anahit Mehranian (Convention Chair) Zander, Rick Jansen (Pretoria Anchors) & guest speaker Ethan Zohn, winner of Survivor Africa at Anchor Summit in Orlando

to date. Dues must be collected and sent to Georgia District and also Pilot International before November 1, 2015. GA District dues are \$8.00 per member and are sent to Treasurer Shelby Holland. PI Dues in the amount of \$14.00 per member are sent to Megan Milton at Pilot Headquarters. Both forms are attached. Advisors and Sponsors; let's ensure all dues are submitted on time, so everyone is eligible to attend Anchor Convention.

All Anchors should complete the Photo Release Form. There is also a New Membership Form which need to be filled out and copies of both sent to Pilot International. These forms need to be kept on file at school with the Anchor Advisor. The Advisor should also collect and hold on file an Anchor Parental Waiver Form. Please do not send photos for the newsletter or Pilot Log unless the Photo Release is current.

The Anchor Advisor/Sponsor is usually appointed by the school principal. The Anchor Coordinator is a member of the sponsoring Pilot Club. This person is appointed by the Pilot Club President and is the liaison between the Pilots and Anchors. This is a very important relationship which is critical to the success of any Anchor Club, and open communication is invaluable! You can learn so much by attending each other's meetings and also the planning of projects and activities shared by Anchors and Pilots. Please respond to requests for updated Advisor and Coordinator information so Kirsten can maintain a current roster. You will miss important news and updates if we can't find you.

It's going to be a great year, and to quote Governor Grace; "Happiness is Successful Anchor Clubs!"

Sheryl Merrey



John Milledge Academy Anchors get together with the Pilot Club of Milledgeville once a quarter to play Bingo at the Georgia Veterans Home. Anchors assist the veterans in marking their Bingo cards, checking the numbers when they Bingo, and then give the prizes to winners. Anchors also work with the Pilot Club to assemble goodie bag to distribute to all who come to play Bingo. The Anchor Club is busy preparing for our major fundraiser for the year-a Father-Daughter Dance to be held in October-complete with a Leadout to showcase each young girl in attendance. We have created a new webpage and invite you to visit it-to see who we are, what we have done, and what our upcoming plans are. The address is anchorclubjma.weebly.com

Our Vision: Pilot International envisions a world where all is valued.

Georgia District Website: www.pilotgeorgia.com --- Pilot International Website: www.pilotinternational.org





DISTRICT OFFICER CONTACTS

Your District Anchor officers are ready and willing to provide assistance to your Anchor Club.

Please contact your Region Chair (see e-mail addresses on list of officers on front page) with activities your club is doing.

**Attention:
Anchor Sponsors/Advisors
Anchor Coordinators of
Pilot Clubs**

In order to get information timely to the Anchor Advisors and Pilot Anchor Coordinators, We need your correct information. If you have not already done so, please e-mail your updated e-mail address, mailing address and phone number to Sheryl Merrey at sherylmerrey@gmail.com.

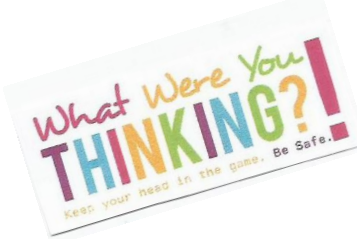


facebook

Georgia District Anchor has a Facebook page. Please go and like us on Facebook. This is a place where you can share your service projects and programs.

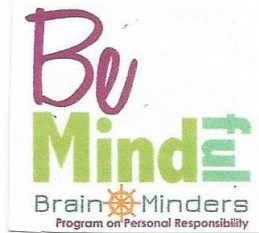


“Happiness” is Finding Ways to be H.A.P.P.Y....



Hello Anchors! The Summer 2013 PILOT LOG is where I first read about the Pilot A,B,C's and saw all the wonderful eye-catching logos for Brain Fitness Campaigns in which Pilot and Anchors were encouraged to participate. Every word of that article was exciting. It is particularly exciting how Anchors and Pilots everywhere are promoting the ABC's in their individual clubs. Across Georgia more and more clubs are getting on board with the “A” Anchor focus. Why? Because it is so important to teach you young people to develop the qualities possessed by true Anchors. **A**-Altruism; **N**-Noble Purpose; **C**-Citizenship; **H**-Honor; **O**-Open Mindedness; **R**-Responsibility. We hope to see many new clubs this year and larger memberships.

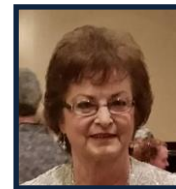
“B” for Brain Safety and Fitness. We emphasize brain safety education with our BrainMinders™ programs for children and adults. Brain fitness is more than just physical exercise and mentally challenging activity. The 'Think H.A.P.P.Y. Be H.A.P.P.Y! Be BRAIN FIT.' awareness campaign promotes positive thinking, healthy lifestyle changes and opportunities for community service for people of all ages. As part of promoting a healthy lifestyle through positive attitudes and remaining involved.....the campaign can also serve as a recruitment tool.”



How about a **Be H.A.P.P.Y. - Join Anchor** Campaign. Promote the ideas that studies show that people who have found a purpose and remain involved and stay actively engaged in society, such as participating in clubs and performing community service - also have had a strong positive impact on prolonged brain activity and make better grades because of it.

“C” stands for Caring. Anchors are super good at this. It's a “no Brainer” that caring is sort of your reason for being. Just reading about all the fantastic caring services you do in your schools and communities is a testimony to that. Can't wait to see what your activities will be this year.

So Anchors, I challenge you to put your brain in gear and think Positive thoughts about every situation. The cliché take those lemons that life throws at you and make some lemonade is one of the best sayings I know. Show your school what a wonderful time you are having as Anchors and how happy you are as you Spread Our World with H A P P I N E S S!



Grace

**Grace Crittenden
GA District Governor**

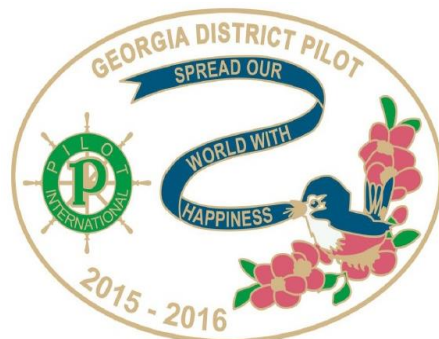
Healthy Lifestyle
Being physically fit means being mentally fit throughout all stages of life.

Altruistic Behavior
The more you give, the more you get. Service over self, always.

Purpose
Find your purpose in life - big or small - and follow it!

Positive Attitude
Maintain a happy and healthy frame of mind. Smile more!

Youth
Surround yourself with youth, and you will remain young!



**2015-2016
GEORGIA DISTRICT OFFICERS**

Governor
Grace Crittenden
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Secretary
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stickel.pilot@gmail.com

Governor-Elect
Cynthia Spearman
cvs0722@aol.com

Treasurer
Shelby Holland
sholland@windstream.net





Roswell HS Anchors Mary Stuart, Shannon, Ryan Yeung & Shannon Malloy with Lemonade Sticks at the Alive After Five Fundraiser in June for Blessings in a Backpack



Linda Coulter who has been the Anchor Club Advisor for several years and Washington Co. Anchors who graduated this past year were honored for their service to Pilot at the April Pilot meeting.



Anchor Board members and GA District Officers having their planning meeting



Attached to this Newsletter are the following documents:

- PI Anchor Dues Invoice
- GA District Club Treasurer's Report
- Community Service Application
- Anchor Parental Waiver
- PI Anchor Photo Release Form
- PI Youth Protection Policy
- Criteria for Judging Scrapbooks

